

Youth Ministry Plan

Our goal is to give youth opportunities that will help them to become responsible, compassionate servants of Christ who are able to share the love of Christ and their personal experiences with others. To accomplish this goal, we have a relationship-focused ministry that values opportunities to talk and share our journeys together in a laid-back manner.

Another goal of our ministry is to ensure that our youth are protected- mind, body and soul. We want our youth to be well-informed and empowered to make smart choices when it comes to their mental, physical and spiritual well-being. Some of the topics that we touch on are self-esteem, respect for self and others, depression, cutting, suicide, sexuality and others depending on what is going on in our students' lives at the moment. We want our program to be open for caring and meaningful conversations and to help our youth by having a safe space for these conversations in what can be a confusing and/or frustrating time in their lives.

The following events/groups are the core parts of our program and are meant to foster spiritual growth and fellowship.

- **Confirmation**
 - **When and where:** Sundays from 10:15-11:15am in the CYR during the school year
 - **Grade:** 9 and up if student hasn't previously been Confirmed
 - **Spiritual Types:** Logical, feeling, mystic and service*
 - **Description:** Youth in this class go through different educational, service and hands-on experiences to help them define their own faith. By the end of the class, students create their own personal Statement of Faith project which they then present to the council.

- **Church School**
 - **When and where:** Sunday mornings from 10:15-11:15am during the school year in E-1
 - **Grades:** 6, 7, 8
 - **Spiritual Types:** Logical and feeling*
 - **Description:** Youth in this class discuss what it means to be a servant of Christ and discuss the beginnings of their own personal beliefs.

**See attached description from the book, "Discover Your Spiritual Type" by Corinne Ware.*

- **R.E. (Release Time)**
 - **When and where:** Tuesdays from 7:30-8:20am in the CYR during the school year
 - **Grades:** 7, 8
 - **Spiritual Types:** Logical and feeling*
 - **Description:** Youth who participate in R.E. engage in lively conversation as they share and discover the beginnings of their own personal beliefs.

- **ATTIC Youth Group (Associated Teens Together In Christ)**
 - **When and where:** Wednesday nights from 7-8:30pm in the CYR during the school year. Summer times vary.
 - **Grades:** 6, 7, 8, 9, 10, 11, 12
 - **Spiritual Types:** Logical, feeling, mystic and service*
 - **Description:** Youth who participate in this weekly group engage in a laid-back worship that centers around the faith stories and experiences of their peers. They also have occasional discussions about faith topics and play fun and crazy games.

- **Mission trip**
 - **When and where:** June or July each year, location varies
 - **Grades:** Just completed grades 6, 7, 8, 9, 10, 11, 12
 - **Spiritual types:** Feeling, mystic and service*
 - **Description:** Youth who participate in this annual trip travel to a city/town outside of Owatonna and participate in service projects such as planning and putting on mini VBS's, helping at local schools, construction projects and yard work. They interact with the community members and also have quiet devotion/prayer time to focus and reflect on their own personal faith journey.

- **Service Projects**
 - **When and where:** Several times throughout the year
 - **Grades:** 6, 7, 8, 9, 10, 11, 12
 - **Spiritual Types:** Feeling and service*
 - **Description:** Youth who participate in these seasonal projects get to interact with other church and community members as they help with projects such as painting fences and raking lawns.

**See attached description from the book, "Discover Your Spiritual Type" by Corinne Ware.*

Other Activities and Events

We also offer other events and opportunities, such as Lock-ins, Late-Nighters, gathering for lunch on days off of school and other seasonal events, which are intended to increase a sense of belonging through fellowship and a chance to build relationship skills.

Spiritual Types

We focus on all of the spiritual types. Spiritual types are the 4 different ways that people experience God. The types are logical, feeling, mystic and service. The following are condensed descriptions of each of the types from the book “Discover Your Spiritual Type” by Corinne Ware.

- Logical- This is an intellectual “thinking” spirituality that favors what it can see, touch, and vividly imagine. Some activities that this group enjoys are study groups, sermons and creating theological renewal within the worshipping community. They also might enjoy reading, journaling and specific meditation with a definite focus.
- Feeling- This spirituality is all about heart. Witness and proclamation are so important to this group that they often use mass media (tv, radio, etc.) to share their faith. This group enjoys worship that has witnessing, testimonials and music. People in this group may respond well to a loosely structured daily spiritual discipline.
- Mystic- For this spirituality, hearing from God rather than speaking to God is prominent. The aim of this spirituality is union with the Holy, and, although this is never completely achievable, only the continued attempt, or “the journey,” satisfies. People attracted to this type of spirituality are often by nature contemplative, introspective, intuitive, and focused on an inner world as real to them as the exterior one.
- Service- This spirituality is less about denominations or faith groups and more about individual people. This group’s aim is simply to obey God and to witness to God’s coming reign. Theirs is a courageous and sturdy idealism that takes responsibility for change; they have a passion for transforming society. It is not uncommon to hear statements such as, “My work and my prayer are one,” or “I pray with my hands and feet.”